



Lesson plan

Department visit	
Made by	Tredu
Starting point, why do we do this? <i>Learning goals/targets</i>	- Co-operation and connection with healthcare companies/care units/ sheltered housing and their clients/patients. - Develop co-operation and communication skills with the patients and multidimensional working environment. - Develop guidance skills and group leading skills. - Provide individual and/or group activities by using computer based applications.
Learning environment (school, work placement, company)	School, visits in real working life
Who is involved (students/teachers/clients...)	- Students, - Teacher - Working life staff - Clients
Preparations, instructions to the students	- Develop co-operation skills by working as an team - Contacts to the different actors - Planning different activity concepts to the elderly clients - Implementing activity groups
Duration/schedule	- Starting with the teacher and students (preparations) - Contact to company or care unit to settle timetables for activity groups - Meetings with the clients and staff (1st time: what are you expectations? What kind of activity you prefer?) - Preparation and written plan: what do we do and why, target of the activity group - It the target to activate memory and cognitive skills, relaxation / mindfulness, fun and entertainment, social skill etc.? - Activity groups 2 to 4 times (1h at the time) at the clients own environments



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Description of the learning process, what kind of welfare technology is involved	- For example if the goal is to activate memory, senses and provide experiences and entertainments students can use and implement Art-group: how to use applications and web sites for art experiences = https://artsandculture.google.com/partner/ateneum-art-museum - Other examples can be: - Virtual museum/ art and culture: https://artsandculture.google.com/project/360-videos - History game: http://game.it.jyu.fi/ennen/ - Virtual travelling (The Finnish Association for Mental Health): Mindfulness and relaxation, walking in the woods https://www.mielenterveysseura.fi/fi/virtuaalinen-mets%C3%A4k%C3%A4vely-kev%C3%A4isess%C3%A4-luonnossa - What do you need: iPads, computer with the wide screen
Evaluation plan of the module, how do we evaluate the module	- Can be qualitative and/or quantitative verbal/ written from the clients - Evaluation for the whole unit (by the teacher): written plan, active team work, planning and implementing, students own reflection (written and verbal), pass/ fail
Anticipated benefit to the client, student, working life	- Real life client contacts, plan and offer mental-, cognitive and physical activities to the elderly clients - Real life client contacts, project managing skills, co-operation skills - Students can spend more time with the different individuals, communicate and activate
Teaching materials	