



Lesson plan

Introduction of E-Health platform	
Made by	Tartu Health Care College
Starting point, why do we do this? <i>Learning goals/targets</i>	To teach students how to navigate in E-health platform and how to introduce it to the elderly. The goal of the unit is to teach the students how to search and find personal data about persons health: - Applying for special care service - Ordering the European Health Insurance Card - Personal data in the Health Insurance Fund - Benefits for incapacity for work - Health Insurance and family physician - Supplementary benefit for pharmaceuticals - Applying for rehabilitation service - Prescriptions - Dental care benefit and Denture benefit information The purpose of this unit in long-term is to reduce the real-life visits to the family physicians (for examples the validity of the prescriptions, the history of epicrisis, the results of different health tests etc).
Learning environment (school, work placement, company)	School, home, workplace or companies, family physician office.
Who is involved (students/teachers/clients...)	Students, teachers, elderly.
Preparations, instructions to the students	Preparations The students have an access to the internet, they have valid ID-certification, ID-reader and ID-card Teachers: 1) ensure the room with computers with ID-reader and internet 2) to remind the students to take ID-certifications and valid ID-card with them to the lesson. Students: 1) they have to have a valid ID-certification with valid ID-card.
Duration/schedule	- Duration 6 academic hours (2 hours for the students and 4 hours for elderly) - Introducing the platform in eesti.ee - Use the ID-card to log in to the platform - Look up personal health data in following categories: - o Applying for special care service - o Ordering the European Health Insurance Card - o Personal data in the Health Insurance Fund - o Benefits for incapacity for work



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	- o Health Insurance and family physician - o Supplementary benefit for pharmaceuticals - o Applying for rehabilitation service - o Prescriptions - o Dental care benefit and Denture benefit information - Feedback time.
Description of the learning process, what kind of welfare technology is involved	Teaching methods: - Individual work - Practical training - Online research - Discussion - Evaluation and feedback The students will learn how to navigate in E-health platform and how to introduce it to the elderlies The students have to search and find personal data step by step in the following topics: - Applying for special care service - Ordering the European Health Insurance Card - Personal data in the Health Insurance Fund - Benefits for incapacity for work - Health Insurance and family physician - Supplementary benefit for pharmaceuticals - Applying for rehabilitation service - Prescriptions - Dental care benefit and Denture benefit information The next step is to teach this platform and its contents to the elderlies who also have to learn the platform and navigation in it step by step. Students will get practical experience: - in navigation process in E-health platform eesti.ee. - how to work with elderlies and how to teach them how to navigate in the platform.
Evaluation plan of the module, how do we evaluate the module	Non-differential evaluation is used. The subject is positively completed when the student has actively participated in class, completed successfully all tasks and introduced it to the elderly.
Anticipated benefit to the client, student, working life	- The student knows how to find their own e-health data from the platform and knows how to teach this to the elderly. - The student improves their own communication skills and client assessments skills with the elderly. - The purpose of this unit in long-term is to reduce the real-life visits to the family physicians (for examples the validity of the prescriptions, the history of epicrisis, the results of different health tests etc).



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	- The student understands better the problems of the elderly what can arise during the use of platform.
Teaching materials	